



Urological Consultants OF FLORIDA

Office VASECTOMY Pre-Procedure Patient Instructions

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Your VASECTOMY is scheduled for: ____/____/____

Please arrive at: **12411 Biscayne Boulevard** at _____
(time)

If you are taking aspirin, NSAIDs such as Ibuprofen, Alleve, Motrin or other blood thinning medications you must discontinue them 7 days prior to the date of your procedure. Aspirin is a blood thinner and can result in an increased risk for bleeding. If you take Coumadin, Plavix or heparin, please advise our staff.

Also, all herbal products and over the counter medications should be stopped 7 days prior to the procedure.

You will be given the following prescriptions today and please follow the instructions carefully for taking your medications.

PRE-OP MEDICATIONS:

Sedation Medication: Valium

Antibiotics: Keflex or Clindamycin

Get these prescriptions filled at your local pharmacy. Take the prescription home with you and store it in a safe place. On the day of your Vasectomy procedure take one tablet of Valium **one hour before the time of your procedure**. Take your first tablet of antibiotics at the same time as the Valium one hour prior to your scheduled procedure. The antibiotics are then continued 3 times per day until completed.

DAY OF PROCEDURE:

Prior to coming in for your procedure YOU MUST shave your pubic and scrotal area.

Take all of your regularly prescribed medications recommended by your primary care physician except the above-mentioned aspirin, NSAIDs and blood thinners.



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You should have a light breakfast the day of your procedure. No caffeine.

Arrange transportation to and from our office on the day of the procedure. Given that you will be taking Valium, it is both unsafe and illegal to drive.

Please shower the morning of your procedure and wear comfortable loose fitting clothes.

Decrease or eliminate your alcohol, caffeine, and tobacco 48 hours prior to the procedure.

Please feel free to contact us with any questions or concerns.

David Robbins, MD
Amery Wirtshafter, MD

(DATE)